

# saba<sup>™</sup> ACE

Weight Management and Energy\*



## FEEL THE ACE DIFFERENCE!

**S**aba ACE<sup>™</sup>, our #1 bestseller is made with the purest, most potent, and premium clinically-proven ingredients. ACE is a multidimensional energy, appetite management, weight loss, and thermogenic fat burner for men and women. Each capsule contains an effective dose of the most powerful energy matrix, nootropic stack, glucose & cholesterol management, and fat-burning plant-based ingredients.

Experience a more potent energy matrix like no other featuring a synergistic mix of Dynamine<sup>®</sup>, Caffeine, and L-Theanine. ACE your lifestyle with the ultimate thermogenic and appetite management support from Green Select<sup>®</sup> Phytosome<sup>®</sup> with Sunflower Lecithin, Green Tea Leaf Extract, Irvingia Gabonensis, Garcinia Fruit Extract, and Apple Cider Vinegar. Ace also features the most complete chromium complex with the patented Crominex<sup>®</sup> 3+ offering impressive health benefits. Now is your chance to experience the ACE difference!†

**NOW WITH**  
**Crominex<sup>®</sup> 3+**  
Chromium: Safety & Efficacy

### Supplement Facts

Serving Size: 1 Veggie Capsule  
Servings Per Container: 60

Amount Per Serving		% Daily Value
Vitamin B6 (as Pyridoxine Hydrochloride)	8 mg	471%
Vitamin B12 (as Methylcobalamin)	350 mcg	14,583%
Chromium (as Crominex <sup>®</sup> 3+ Chromium stabilized with Capros <sup>®</sup> Amla fruit extract and PrimaVie <sup>®</sup> Shilajit Gum Resin Extract, Chromium chloride Hexahydrate)	200 mcg	571%
<b>Saba Ace<sup>™</sup> Proprietary Blend</b>	<b>700 mg</b>	<b>†</b>
Caffeine Anhydrous		
GreenSelect Phytosome <sup>®</sup> Blend Sunflower Lecithin & Green Tea Leaf Extract		
Irvingia gabonensis (African Mango) Fruit Powder		
Garcinia Fruit Extract		
Methyliberine (as Dynamine <sup>™</sup> )		
Apple Cider Fruit Vinegar Powder		
L-Theanine		
Evodiamine		
BioPerine <sup>®</sup> (Black Pepper Fruit Extract)		

† Daily Value not established.

Other Ingredients: Hypromellose (Capsule), Rice Flour, Magnesium Stearate.

**Crominex<sup>®</sup> 3+** **indena<sup>®</sup>** **DYNAMINE<sup>™</sup>** **BIOPERINE<sup>®</sup>**

Crominex<sup>®</sup> 3+, Capros<sup>®</sup> and PrimaVie<sup>®</sup> are registered trademarks of Natreon, Inc. GreenSelect<sup>®</sup> Phytosome<sup>®</sup> is a registered trademark of Indena USA, Inc. BioPerine<sup>®</sup> is a registered trademark material of Sabinsa. Dynamine<sup>™</sup> is a trademark and protected by Patents Pending claiming priority to Serial No. 61/903,362; under exclusive global distribution by Compound Solutions, Inc.



### KEY BENEFITS:

- Superior Appetite Management†
- Powerful Jitter-Free Energy†
- Effective Weight Management†
- Potent Nootropics†
- Aids in Burning Fat†
- Relieves Fatigue†
- Improves Mood & Focus†
- and Other Health Benefits†

### OUR LEGENDARY COMMITMENT TO QUALITY



Saba is committed to creating supplements made with the best possible ingredients in full compliance with strict cGMP manufacturing procedures. Saba never stops working to earn your trust by exceeding expectations and helping our community, friends, and family achieve their wellness goals every day.

**Third-Party Lab Tested** – Ace is made with fully disclosed ingredients that undergo strict quality control to ensure each capsule meets the highest standards for purity, quality, and potency so you can enjoy the best results possible.†

### WHY ACE?



#### ACE YOUR WEIGHT MANAGEMENT

Each ACE capsule contains an effective dose of the most powerful fat-burning ingredients available. Our legendary formula helps burn fat, increase energy, preserve lean muscle, suppress appetite, boost metabolism, and improve mood.†



#### JITTER-FREE ENERGY & APPETITE CONTROL FORMULA

Conquer your day and crush your workouts with our renowned jitter-free energy that is sure to keep you going and keep up with all of life's demands. Help eliminate unhealthy snacking habits and overeating. Keep your food cravings in check with ACE!†



#### NOOTROPICS & ENERGY REDEFINED!

Based on our desire to be the best, Saba ACE<sup>™</sup> contains our perfect blend of Dynamine<sup>™</sup>, Caffeine, and L-Theanine delivering smoother jitter-free energy and a nootropic feeling that you have to try it to believe!†



#### SUPPORT GLUCOSE AND CHOLESTEROL MANAGEMENT WITH: CROMINEX<sup>®</sup> 3+

ACE is upgraded with the most advanced chromium complex with Capros<sup>®</sup> Amla fruit extract and adaptogenic PrimaVie<sup>®</sup>. Crominex<sup>®</sup> 3+ to help support: Normal cellular glucose absorption; Healthy endothelial function; Healthy Lipid and triglyceride levels; and cellular energy production.†

\*\* Saba ACE has been our top-selling weight management & energy product for several consecutive years.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**saba<sup>™</sup>**  
for you. for life.



# THE ACE OF APPETITE CONTROL & ENERGY IS BACK!

## INGREDIENTS YOU CAN TRUST OUR CAREFULLY CURATED "MASTER-MIX" IS BETTER THAN EVER!

### VITAMINS B6 & B12

The B complex of vitamins plays an important role in healthy body weight and has been shown to help you achieve a normal, energy-yielding metabolism. Optimal levels of Vitamin B are also key to reducing tiredness and fatigue, a goal for anyone looking to stay fit and healthy.†



### CROMINEX® 3+ (CHROMIUM)

We've added Crominex® 3+. A special form of premium chromium blended with Capros® Amla fruit extract (Indian Gooseberry) and patented shilajit (PrimaVie™) to support glucose metabolism; a process that generally converts glucose into energy for cell utilization.†

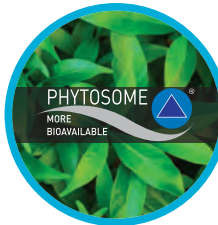


### AFRICAN MANGO (IRVINGIA GABONENSIS)

*Iringia Gabonensis* targets multiple metabolic pathways in the body associated with satiety, appetite control, metabolism, fat burning, and blood sugar balance. Studies have shown that consumption twice daily before meals yielded significant improvements in body weight, body fat, waist circumference, and blood glucose levels.†

### GREENSELECT® PHYTOSOME®

Greenselect® Phytosome® is a green tea extract free of caffeine and formulated with lectin to improve the absorption of catechins. Clinical Studies have shown that consumption of 150 mg twice a day, combined with a reduced-calorie diet resulted in an average weight loss of over 30 lbs in 90 days. The definitive ingredient to help ACE your weight management!†



### APPLE CIDER VINEGAR

Apple Cider Vinegar is one of the most popular natural ingredients. It helps cleanse the body and fight unhealthy bacteria. Studies suggest that Apple Cider Vinegar can increase feelings of fullness and help people eat fewer calories, which can result in improved weight loss.†



### DYNAMINE™

Dynamine™ is a natural stimulant used to increase energy and alertness. Packing a harder punch in a shorter time and is active longer than other stimulants on the market. Dynamine™ enhances oxygen uptake and increases energy, which helps burn more calories and fat, bringing you closer to a leaner physique.†

### EVODIAMINE

Evodiamine comes from the plant called *Evodia Fructus*. A stimulant that increases your resting core temperature and body heat. Research suggests that this is the reason more calories and fat are burned for energy when consuming Evodiamine.†



### GARCINIA FRUIT EXTRACT (GARCINIA CAMBOGIA)

*Garcinia Cambogia* is a tropical fruit when consumed leaves you feeling more satisfied. The skin of the fruit is naturally high in a substance called hydroxy citric acid. This active compound helps keep hunger in check and avoid overeating, emotional eating, snacking between meals, and unhealthy sugar cravings.†



### L-THEANINE

The relaxing amino acid found in tea, theanine promotes relaxation without sedation. It helps you stay calm without making you tired or drowsy. Theanine can reduce stress, improve attention, and helps take the 'edge' off of many stimulants.†

### NATURAL CAFFEINE ANHYDROUS

Caffeine is a methylxanthine found in a variety of plants, especially tea leaves and coffee beans. Caffeine is one of the most well-researched stimulants, with evidence showing it can enhance athletic performance & endurance.†



### BIOPERINE®

BioPerine® is a patented form of black pepper fruit extract, which promotes the absorption, and duration of action of all other ingredients found in Saba Ace to increase their bioavailability.†



Crominex® 3+  indena®  
DYNAMINE™  BIOPERINE®

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**saba**  
for you. for life.



# BUILT BY SCIENCE POWERED BY NATURE

SABA ACE CLINICALLY-PROVEN INGREDIENTS

## CLINICALLY-PROVEN INGREDIENTS TO ACE YOUR BEST LIFE!

Saba began with a simple passion of sharing with the world that the path to total wellness begins in nature. We are consistently on the look-out for the most effective breakthroughs in natural science. We are constantly studying the latest peer-reviewed studies to keep on top of the latest in holistic wellness, ensuring that every ingredient is safe, effective, and driven by science. At Saba we are not interested in gimmicks or trends, we put in the work to ensure that every Saba product will offer long-term benefits for every lifestyle.

Below you will find a sampling of some of the impressive results from Clinical Studies performed on some of our key ingredients



### CROMINEX® 3+

**(CHROMIUM)**  
Crominex 3+ is a special form of completely safe chromium blended with Capros® Amla fruit extract (Indian Gooseberry) and patented shilajit (PrimaVie®, a mineral-rich compound) to maximize bioavailability. Crominex 3+ provides great health benefits, including support of cellular glucose metabolism, promoting cardiovascular health, and helping maintain healthy blood sugar, lipid and triglyceride levels already within the normal range†

### HIGHLY STUDIED, WITH IMPRESSIVE CLINICAL RESULTS

In a 12-week placebo-controlled clinical study Crominex 3+ (versus the placebo) had significant improvements in several important heart markers, including:

- 55.8% decrease in CRP, a key inflammatory marker: versus a 2.1% increase for the placebo group. (This is extremely important for heart health!)
- 27.3% increase in HDL cholesterol: versus .3% for the placebo group.
- 27.7% decrease in LDL cholesterol: versus a 3.6% increase for the placebo group.
- 25.4% decrease in triglycerides: versus a .5% increase for the placebo group.
- 21.7% increase in glutathione, your body's master antioxidant: versus a 1.9% increase for the placebo group.
- 3.9% increase in endothelial function, the cells responsible for healthy blood flow: versus a 1.4% decrease for the placebo group.



### CLINICAL STUDY:

One hundred overweight patients were treated with 150 mg of Greenselct® Phytosome® twice daily (300 mg/day). All patients (treated and placebo) were put on a low calorie diet (1250-1350 Kcal for women and 1650-1750 Kcal for men) distributed in 4 meals per day. Parameters such as body weight, body mass index, waistline, total cholesterol, basal glycemia and total triglycerides were measured at the beginning, after 45 days, and after 90 days (end of the study). The average weight loss was 6 kg in the diet only group and 14 kg in the treated group. Results showed that Greenselct® Phytosome® provides clinically demonstrated support in weight management.



### GREENSELCT® PHYTOSOME®

Greenselct® Phytosome® is a green tea extract devoid of caffeine and formulated with lectin to improve the absorption of catechins. Each serving of Saba ACE® contains 150 mg of the clinically studied Greenselct® Phytosome®. Oral consumption of 150 mg twice a day, combined with a reduced-calorie diet resulted in an average of over 30 lbs. weight loss in 90 days in a clinical study.†

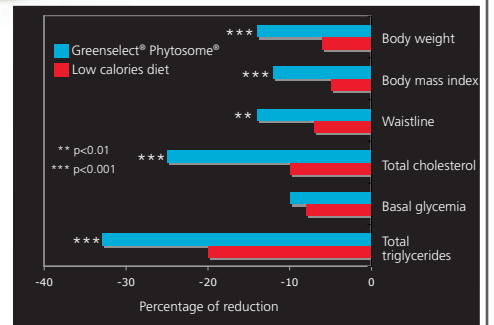


Chart 1: Effect of Greenselct® Phytosome® on weight loss promotion  
Source: Di Piero F., "Clinical efficacy of Greenselct® Phytosome® in patients affected by obesity", Integr. Nutr. 11 (2), 15-21 (2008).

Source: Biswas K, Tuhin, MD, PhD1, Polley Gobinda, MD1, Pandit Srikanth, MD1, Debnath K Pratik MD, PhD1, Mondal Somnesh, MD1, Auddy Biswasji, PhD2 and Ghosal Shobnath\* Int'l Diab Dev Ctries [July-September 2010 | Volume 30 | Issue 3, pp 333-341] (Figure 4&5)

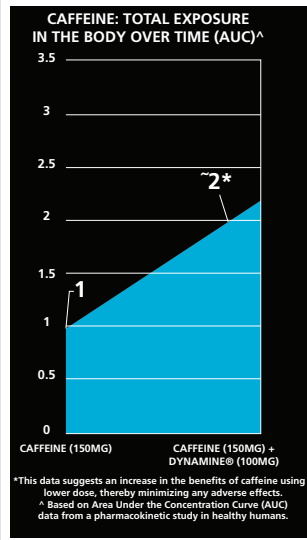
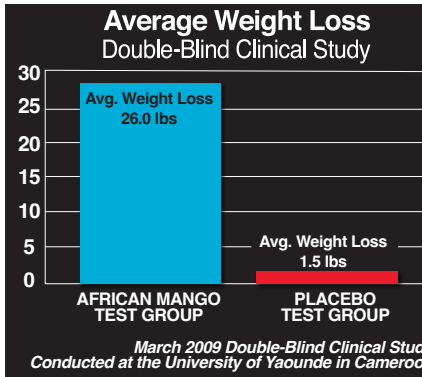
### AFRICAN MANGO

**(IRVINGIA GABONENSIS):**  
Irvingia Gabonensis targets multiple metabolic pathways in the body associated with satiety, appetite control, metabolism, fat burning, and blood sugar balance. In one clinical study, Irvingia Gabonensis was administered at 150 mg twice daily before meals for 10 weeks to overweight and/or obese volunteers. The study yielded significant improvements in body weight, body fat, and waist circumference as well as plasma total cholesterol, LDL cholesterol, blood glucose.†



### CLINICAL STUDY:

The result of a 10-week randomized, double-blind, placebo-controlled study on 72 obese or overweight participants revealed the following results: The test group lost an average of 26 lbs. (11.8 kgs) over the 10-week period, and body fat decreased by an average of 20.06%, and waistline decreased by an average of 8.6 inches. African mango seed extract has been found to have significant effects on lowering cholesterol, specifically LDL or low-density lipoproteins and triglycerides (bad cholesterol), increasing HDL (good) cholesterol, and helping people lose weight.†



### DYNAMINE™

Dynamine™ is a natural stimulant that is used to increase energy and alertness. Dynamine™ is a close relative of the already highly sought after product, TeaCrine™ – only Dynamine™ is said to pack a harder punch in a shorter period of time and is active longer than other stimulant on the market. Dynamine™ enhances oxygen uptake and increases energy output, which helps burn more calories and fat. If you're able to burn more fat and calories throughout the entire day, you can achieve added benefits, including weight and fat loss, and a leaner physique.

### CLINICAL STUDY:

There have been numerous studies on compounds which may enhance the beneficial effects of caffeine on energy, mood/motivation and focus. Recently, a landmark clinical trial was conducted at a major Division I university to investigate Dynamine™'s potential pharmacokinetic interaction with caffeine. Remarkably, researchers discovered that Dynamine™ extended caffeine's half-life and increased its area under the curve approximately two-fold. The reverse was not true (i.e. caffeine did not alter Dynamine™'s pharmacokinetics). This data has widespread implications for product formulations that utilize this compound and suggest that lower doses of caffeine may be used in products containing Dynamine®.

Source: Cintiello HD, Bello ML, Chandra AI, Cardai TD, McFadden BA, Arant SM. Effects of caffeine, methylphenidate, and theanine on cognitive, motoric, and hemodynamic responses in tactical personnel: a double-blind, randomized, placebo-controlled trial. J Her Soc Sports Nutr. 2022 Aug 18;19(1):543-564. doi: 10.1089/15502781.2022.2119339. PMID: 36016763. PMCID: PMC9397442.

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# saba<sup>™</sup> SLIMGENIX IQ<sup>™</sup>

HYDRATION + IMMUNE + BEAUTY + CIRCULATION<sup>†</sup>

HIGH PERFORMANCE ELECTROLYTE DRINK MIX  
TOTAL WELLNESS OPTIMIZER<sup>††</sup>



## READY TO MOVE, FEEL, AND LIVE BETTER NOW?

We believe proactive health care is the key to decreasing the risks of injury and illness in the future. While there are no 'silver bullets' or 'magic pills', we can optimize your wellness to empower better adaption and resistance to the stressors and challenges of life that come your way. This is why we created Saba SlimGenix IQ<sup>™</sup>.

### so, WHAT IS SLIMGENIX IQ<sup>™</sup>?

Saba SlimGenix IQ<sup>™</sup> is a delicious multi-use drink mix designed to optimize your total wellness. It will:

- 1) Keep you hydrated with high-performance electrolytes;
- 2) Boost, Arm, and Prime your immune and respiratory system;
- 3) Enhance circulation, lower blood pressure, and boost energy;
- 4) Help you look and feel confident by eliminating deep lines and wrinkles giving you beautiful hair, skin, and nails.†



**1** ADD 8 - 16 oz OF ICE COLD WATER INTO A GLASS OR BOTTLE.

**2** MIX ONE FULL SCOOP OF SABA SLIMGENIX IQ. ADJUST SCOOP SIZE FOR TASTE.

**3** STIR OR SHAKE UNTIL FULLY MIXED. ENJOY!

## Supplement Facts

Serving Size: 5.6 Grams (Approx 1. Scoop)  
Servings Per Container: 30

Amount Per Serving	% Daily Value
Calories	15
Total Carbohydrate	4 g 1%*
Dietary Fiber	1 g 4%*
Total Sugars	<1 g †
Protein	<1 g
Vitamin C (Ascorbic Acid)	200 mg 222%
Vitamin D (as Cholecalciferol)	50 mcg 250%
Niacin (as Niacinamide)	10 mg 63%
Vitamin B6 (as Pyridoxine HCl)	2.5 mg 147%
Vitamin B12 (as Methylcobalamin)	5 mcg 208%
Pantothenic Acid (as Calcium-D-Pantothenate)	10 mg 200%
Magnesium (as Magnesium Carbonate)	60 mg 14%
Zinc (as Zinc Gluconate)	15 mg 136%
Sodium (as Pink Himalayan Sea Salt)	10 mg <1%
Potassium	557 mg 12%
Beet Root Powder	500 mg †
Collagen Peptides (Bovine)	500 mg †
Baker's Yeast Beta Glucan (from <i>Saccharomyces cerevisiae</i> ) (Wellmune®)	250 mg †
European Elder Fruit Powder	100 mg †

\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other Ingredients: Citric Acid, Potassium Chloride, Natural Flavors, Rebaudioside A (From Stevia Leaf Extract), Silicon Dioxide, Inulin, Luo Han Guo Fruit Extract (sweetener).

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BEAUTY<sup>††</sup>

**COLLAGEN PEPTIDES**

IMMUNE SUPPORT<sup>††</sup>

**WELLMUNE<sup>®</sup> + ELDERBERRY + VITAMIN D + ZINC**

ELECTROLYTE HYDRATION<sup>††</sup>

**SODIUM + POTASSIUM + MAGNESIUM**

HEALTHY CIRCULATION<sup>††</sup>

**BEET ROOT POWDER**

4 ESSENTIAL VITAMINS & MINERALS<sup>††</sup>

**VITAMIN B<sup>3</sup> + VITAMIN B<sup>6</sup> + VITAMIN B<sup>12</sup> + VITAMIN C**

### YOUR ALL-IN-ONE TOTAL WELLNESS OPTIMIZER!

Saba SlimGenix IQ<sup>™</sup> helps keep you hydrated with high-performance electrolytes and keep your immune system at peak performance year-round with potent vitamins, minerals, Elderberry, and the clinically proven Wellmune<sup>®</sup>. You will look and feel confident with beautiful hair, skin, and nails, and eliminate deep wrinkles with bioactive collagen peptides. IQ also helps increase healthy nitric oxide levels to support cardiovascular health, enhance circulation, lower blood pressure, and boost energy production from the unique antioxidant polyphenol compounds from Beet Root.†

### A MARKET-FIRST: HYDRATION + IMMUNE + BEAUTY + CIRCULATION WITH POWERFUL BENEFITS FOR THE ENTIRE FAMILY<sup>†</sup>:

Saba SlimGenix IQ<sup>™</sup> is an industry-first as the only hydration drink specially formulated to "quench" 4 main areas of wellness benefits, making it the must-have in every home!†

**REPLENISHING ELECTROLYTES + MINERALS<sup>†</sup>**

- Formulated With High Performance Electrolytes: Sodium (Pink Himalayan Sea Salt), Potassium, Magnesium, And Calcium.
- Rehydrates Faster Than Water†
- Replenishes Lost Electrolytes & Accelerates The Absorption Of Water Into The Bloodstream†

**BOOST + ARM + PRIME YOUR IMMUNE SYSTEM<sup>†</sup>**

- Patented And Award-Winning Wellmune<sup>®</sup> - Primes And Arms Immune Cells' Natural Defenses And Supports Respiratory Health†
- Potent Essential Vitamins C, D, Zinc And Elderberry To Strengthen Your Immune System†

**FEEL THE BEET!<sup>†</sup> WITH HEALTHY CIRCULATION<sup>†</sup>**

- Powerful Antioxidant Polyphenol Compounds From Beet Root Extract To Help Lower Blood Pressure†
- Supports Healthy Blood Circulation†
- Naturally Improves Stamina And Endurance†

**LOOK YOUR BEST WITH COLLAGEN PEPTIDES<sup>†</sup>**

- Stimulates Cell Metabolism†
- Increases Skin Elasticity†
- Improved Joint Support with Healthier Ligaments & Tendons†
- Promotes Healthy Skin, Hair And Nails†

saba<sup>™</sup>  
for you. for life.



## HIGH-PERFORMANCE ELECTROLYTES

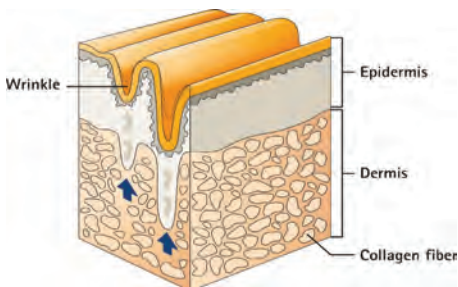
(SODIUM, POTASSIUM, MAGNESIUM & CALCIUM)

Saba has enhanced the hydration game with high-performance electrolytes, sodium from hand-harvested Pink Himalayan sea salt, potassium, calcium and magnesium. Saba SlimGenix IQ is designed to help manage dehydration by quickly replenishing lost electrolytes. IQ also works by replacing fluid and electrolytes lost due to symptoms of dehydration.



## BIOACTIVE COLLAGEN PEPTIDES:

We've included bioactive collagen peptides that can stimulate skin metabolism and counteract the loss of collagenous extracellular matrix from the inside. Consumers who ingest the Collagen Peptides experience noticeably firmer and smoother skin with fewer wrinkles. Experience healthier hair, skin and nails and significantly higher skin elasticity. With collagen peptides perform your best with improved joint support, and improved protection for your ligaments and tendons.†



## GIVE YOUR IMMUNE SYSTEM THE BOOST IT NEEDS WITH OUR CUTTING-EDGE FORMULA:

### Vitamins C, D, Zinc and Elderberry

Vitamin C, D, Zinc and Elderberry work together to strengthen your body's natural defenses.



Wellmune® is a patented and award-winning ingredient made from the cell walls of a proprietary strain of baker's yeast beta glucan to provide immune health benefits to arm and prime the immune system, and promote respiratory health for people of all ages. Wellmune® is widely studied in over a dozen published, peer-reviewed human clinical studies that demonstrate its ability to improve overall physical health, maintain healthy energy levels, and provide immune support for all ages and lifestyles including children, older adults, athletes, and individuals during times of stress.<sup>1-17</sup>



## FEEL THE BEET! WITH BEET ROOT POWDER CLINICALLY STUDIED FOR HEALTHY BLOOD CIRCULATION:

Beet Root Powder contains unique antioxidant polyphenol compounds that offer multiple clinically researched benefits including; helps lower blood pressure, increases brain blood flow<sup>19</sup> and improves exercise endurance.<sup>20</sup>



**Lowers Blood Pressure:** Beet powder is a naturally rich source of nitrates, which the body converts into nitric oxide, a compound that relaxes and widens blood vessels. A 2013 study published in the journal Hypertension found that drinking beetroot juice lowered systolic blood pressure (BP) in patients for 24 hours after consuming the juice.<sup>18</sup>



## PEER-REVIEWED PUBLISHED STUDIES.

Research is at the heart of what we do. Learn about our research by viewing the peer-reviewed published studies below.

1) Boutros JA, Magee AS, Cox D. Comparison of structural differences between yeast β-glucan sourced from different strains of saccharomyces cerevisiae and processed using proprietary manufacturing processes. Food Chemistry. 2021 Jul 26; 367:13070.  
 2) de Marco Castro E, Calder PC, Roche HM. (2020) β-1,3/1,6 glucans and Immunity: State of the Art and Future Directions. Molecular Nutrition and Food Research. <https://doi.org/10.1002/mnfr.201901071>  
 3) Lunic M, Mah, Valerie N, Kaden, Kathleen M, Kelley & Devlin, Lisa (2018). Beverage Containing Digestible Yeast β-Glucan Decreases Cold/Flu Symptomatic Days After Intense Exercise: A Randomized Controlled Trial. Journal of Dietary Supplements. DOI:10.1080/19390211.2018.1495676.  
 4) McFarlin BK, Venable AS, Carpenter KC, Henning AL, Oganstad S. (2017) Oral Supplementation with Baker's Yeast Beta Glucan is Associated with Altered Monocytes, T Cells, and Cytokines following a Bout of Strenuous Exercise. Frontiers in Physiology. 8:786.  
 5) Fuller R, Moore MW, Lewth G, Stuart BL, Orlinson RV, Risk N, Noakes PS, Calder PC. (2017) Yeast-Derived Beta 1,3/1,6 Glucan, Upper Respiratory Tract Infection and Innate Immunity in Older Adults. Nutrition 39:40-30-35.  
 6) Mens F. (2016) Baker's Yeast Beta-Glucan Decreases Episodes of Common Childhood Illness in 1 to 4-Year-Old Children during Cold Season in China. Journal of Nutrition & Food Science. 6:1-10.  
 7) Pontes MW, Ribeiro TCM, Ribeiro H, de Mattos AP, Almeida R, Leal VM, Cabral GN, Saito S, Zhang W, Scalabrini DM. (2016) Cow's Milk-Based Beverage Consumption in 1- to 4-Year-Olds and Allergic Manifestations: an RCT. Nutrition Journal 15:19-28.  
 8) Li F, Jin X, Liu B, Zhuang W, Scalabrini D. (2014) Follow-up Formula Consumption in 3- to 4-Year-Olds and Respiratory Infections: An RCT. Pediatrics 133:1533-40.

9) McFarlin BK, Carpenter KC, Davidson T, McFarlin MA. (2013) Baker's Yeast Beta Glucan Supplementation Increases Salivary IgA and Decreases Cold/Flu Symptomatic Days After Intense Exercise. Journal of Dietary Supplements 10:171-183.  
 10) Carpenter KC, Breslin WL, Davidson T, Adams A, McFarlin BK. (2013) Baker's Yeast Beta-Glucan Supplementation Increases Monocytes and Cytokines Post-Exercise: Implications of Infection Risk? British Journal of Nutrition 109:478-488.  
 11) Talbott SM, Talbott JA, Talbott TL, Dingler E. (2013) β-Glucan Supplementation, Allergy Symptoms and Quality of Life in Self-Described Biphasic Allergy Sufferers. Food Science & Nutrition 1:90-103.  
 12) Fuller R, Butt H, Noakes PS, Kenyon J, Yam TS, Calder PC. (2012) Influence of Yeast-Derived β-1,3/1,6-Glucanopolysaccharide on Circulating Cytokines and Chemokines with Respect to Upper Respiratory Tract Infections. Nutrition 28:665-669.  
 13) Talbott SM, Talbott JA. (2012) Baker's Yeast Beta-Glucan Supplement Reduces Upper Respiratory Symptoms and Improves Mood State in Stressed Women. Journal of the American College of Nutrition 31:295-300.  
 14) Talbott S, Talbott J. (2010) Beta 1,6 Glucan Decreases Upper Respiratory Tract Infection Symptoms and Improves Psychological Well-Being in Moderate to High-Stressed Subjects. Food Industry Tech. 7:21-24.  
 15) Talbott S, Talbott J. (2009) Effect of beta 1,3/1,6 Glucan on Upper Respiratory Tract Infection Symptoms and Mood State in Marathon Athletes. Journal of Sports Science and Medicine 8:509-515.  
 16) Feldman S, Schwartz H, Kahan DS, Mayers A, Kohman HM, Clemens R, Krieger DR. (2009) Randomized Phase II Clinical Trials of Wellmune® for Immune Response During Cold and Flu Season. Journal of Applied Research 9:30-42.  
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